

# virtual mastermind

May 6-7, 2025

#### **Overall event itinerary:**

Tuesday,	BIG Success Virtual Mastermind - Day 1
May 6th:	8:00am - 11:00am PT   AM Session
Theme: Breakthrough to	11:00am - 11:30am PT   Lunch Break
BIG Success	11:30am - 6:00pm PT   PM Session
Wednesday, May 7th:	BIG Success Virtual Mastermind - Day 2
Theme: Breakthrough to BIG Success	8:00am - 11:00am PT   AM Session
	11:00am - 11:30am PT   Lunch Break
	11:30am - 6:00pm PT   PM Session

## How TO GET THE MOST OUT OF YOUR BIG Success MASTERMIND:

#### Step 1): Prepare - Set yourself up to win!



- Mark your calendar! Clear your schedule on these Mastermind days so you can dedicate as much of your time and energy as possible towards attending and playing full out!
- Take good care of yourself during the days leading up to the Mastermind: get lots of rest, stay hydrated, eat well, get a massage, etc. Prime your mind & body to be as present and energetic as possible 💫
- Be sure to have these ready by your side:
  - Water
  - Snacks
  - Journal
  - Pen
  - Space to get up and dance!
- Organize your meals ahead of time to save yourself valuable time and energy during the event.
- Prepare to be on camera plan your mornings accordingly to give yourself enough time to get ready:)

### Step 2): Attend & Play full out!

Join us live on Christian's Zoom: https://christianmickelsenevents.com/big-virtual a few minutes before 8:00 am **PST** on Tuesday, May 6th:) Show up and be ready to learn, connect, and grow BIG time!

#### Step 3): Take Action! Implement Your Action Plan - Play BIG!